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to move in an awkward way when you are running or doing a sport, a dance

## Vụng về khi chơi thể thao hay nhảy nhót.

E.g.
a. I love to dance, but my wife has two left feet.
b. You never want to see me dancing with my two left feet. Trust me.

## 27 Needle in a hay stack.

An item that is very hard or impossible to find.
Một vật cực kỳ khó tìm; "Mò kim đáy bể".
E.g.
a. Looking for one person in this crowd is like looking for a needle in a haystack.
b. My husband's office is so messy that looking for anything is like looking for a needle in a haystack.

## 28 Get blood from a stone.

## Almost impossible to obtain.

Gần như không thể nào thể nào làm được, tương đương "trứng chọi đá". E.g.
a. He's so lazy! Getting him to clean something is like getting blood from stone.
b. Getting an apology from my husband is like getting blood from a stone.


To escape a bad situation only to find yourself in a worse situation.

Thoát khỏi một tình huống bất lọ̣i và lâm vào tình huống khác tệ hơn; "Tránh vỏ dưa, gặp vỏ dừa".

> E.g.
a. Biology was too hard so I transferred to engineering, but I just went out of the frying pan and into the fire!
b. He didn't like his boss so he quit and found a new job. He realized he had gone out of the frying pan and into the fire when he met his new boss!

## 30 <br> Walk on eggshells.

to try very hard not to upset someone or something. To be very diplomatic and inoffensive.

Cố gắng không làm buồn lòng người i nào đó, tỏ ra tế nhị và giữ ý tứr; "giữ mồm, giự miệng".

## Curiosity killed the cat.

used to tell someone not to ask too many questions about something.

Dùng để nhắc ai đó đừng quan tâm thái quá việc gì đó; "chết vì tò mò".
E.g.
a. Don't ask me about that. Curiosity killed the cat, you know.
b. I don't want to know what is down that dark street. Curiosity killed the cat.

## The third time's a charm.

The third try is always lucky. Lần thử thứ 3 thường mang lại may mắn; "quá tam ba bận".
a. Ask her out on a date again. Don't give up. The third time's charm.
b. The third time was a charm for Korea's Pyeongchang 2018 Winter Olympic bid committee.

## 34

## Put your head in the sand.

to ignore an unpleasant situation and hope it will stop if you do not think about it

Vùi đầu vào cát: làm ngo, trốn tránh sụ̣ thật không vui vẻ; "Giả câm, giả điếc".
E.g.
a. Stop burying your head in the sand. Look at the statistics on smoking and cancer.
b. He's about to lose his job but he's just sitting there with his head in the sand!

## 35

## Knock your sock off

To ignore an unpleasant situation and hope it will stop if you do not think about it

Vùi đầu vào cát: làm ngơ, trốn tránh sụ̣ thật không vui vè; "Giả câm, giả điéćc".
E.g.
a. Stop burying your head in the sand. Look at the statistics on smoking and cancer.
b. He's about to lose his job but he's just sitting there with his head in the sand!

## Take something with a grain of salt.

to not completely believe what someone tells you, because you know that they do not always tell the truth.

Không tin turởng hoàn toàn vào điều người khác nól, vi bạn biết người đó thường hay nới dố;; "Bán tín, bán nghi".

a. You should always take everything you see on TV with a grain of salt.
b. This research was based on a small group of people, so we have to take the results with a grain of salt.

## 37 Wolf in sheep's clothing.

Someone who seems to be friendly or harmless but is in fact dangerous, dishonest
Sói đội lốt cừu: Người cố tình tỏ ra thân thiện, hiền lành nhưng thực chất rất nguy hiểm và gian xảo.
E.g.

a. She may look cute, but that girl is a wolf in sheep's clothing.
b. Carla thought the handsome stranger was gentle and kind, but Susan suspected he was a wolf in sheep's clothing.
used to tell someone to be grateful for something that has been given to them, instead of asking questions about it or finding something wrong with it.

Dùng nhắc ngườr khác biết ơn nhừng đfều may mắn được thay vì chê bai, soi mói chúng; "Ourọc voi đòi tiên".
E.g.
a. You gave him a car and he asked if the engine was new? Doesn't he know never look a gift horse in the mouth?
b. Idon't mean to look a gift horse in the mouth, but why are you giving me this bonus?

## Never look a gift horse in the mouth.

to give away a secret or a surprise.
Để lọt bí mật, điều bất ngờ ra ngoài.
E.g.
a. There is surprise party for Heidi on Wednesday. Please don't spill the beans.
b. You met Natalie Portman? You MUST tell me what's she really like. Come on, SPILL!!!

## Fly by the seat of your pants.

to do something by using only your own skill and experience, without any help from anyone or anything else, especially when this is risky or dangerous.

Hành động chỉ dựa trên mỗi kinh nghiệm bản thân mà không có sự hỗ trợ của người khác, đặc biệt là trong các tình huống nguy hiểm, tương đương "làm việc theo cảm tính, tới đâu hay tới đó"
E.g.
a. I'm not one to plan everything in detail. I prefer to fly by the seat of my pants.
b. You can't expect to do this job by flying by the seat of your pants. You need to be organized.

## Fit like a glove.

To fit perfectly and comfortably
Vừa vặn, vừa khít.
E.g.
a. I'm so happy with my new jeans. They fit like a glove.
b. If the car doesn't fit you like a glove, don't buy it.

## Jump through hoops.

to do a series of things that are difficult or annoying, but that are necessary in order to achieve something
thực hiện nhiều việc khó khăn nhưng cần thiết để đạt được điều gì đó.

E.g.
a. We had to jump through hoops to get our visas in time.
b. If you want to get a promotion, you'll have to jump through a few hoops.

## Under the table.

Money that is paid under the table is paid secretly and illegally.

Tiền hối lộ bất hợp pháp.

## E.g.

a. Payments were made under the table to local officials.
b. Employers who pay an employee under the table or misclassify an employee as an independent contractor.

## Like water off a duck's back.

if criticism, warnings etc are like water off a duck's back, they have no effect on the person you are saying them to.

Lời phê bình không có tác dụng gì với người mà bạn đang chỉ trích, phê bình; "nước đổ đầu vịt", "Nước đổ lá khoai".
E.g.
a. If you want to be on TV, you have to be able to let personal attacks roll off you like water off a duck's back.
b. Baseball players don't care when you yell insults at them. It's like water off a duck's back.


## 45

## X-rated.

Used in the past to describe a film that was officially approved as only suitable for people over 18.

Từng dùng để mô tả phim chỉ dành cho người từ 18 tuổi trở lên.
E.g.
a. X-rated films are not allowed for public showing.
b. Children mustn't watch X -rated films.

## You are what you eat.

To be healthy, you must eat healthy food.
Để khỏe mạnh, bạn nên ăn thức ăn bổ dưỡng. ~ Ăn gì bổ nấy.

## E.g.

a. You shouldn't eat so much junk food. You are what you eat, you know.
b. I believe strongly that you are what you eat, so I try to eat only healthy food.

## Volte-face.

A change to a completely opposite opinion or plan of action.

Sự thay đổi đột ngột trong hành động, trái ngược hoàn toàn so vói ban đấu, sụ trờ mặt.
E.g.
a. The government has done a volte-face on the research.
b. Everyone was thrown into confusion by her volte-face.

## Rain cats and dogs.

## It is raining very hard.

## Mưa rất lớn.

E.g.
a. It's been raining cats and dogs all week.
b. It rained cats and gods on my wedding day.


49 If the shoe fits, (wear it).
used to tel someone that you think a criticism of them is trie.
3ong yvor or chichich ohe binh ve minh.

## E.g.

a. So you think tm a liar: Well, fthe shoe fits.
b. You are ighoring
wear it.
(-by The Return of
Light Joker)


## Quiet as mouse

Very quiet
Im lặng; "Câm như hến"
E.g.
a. I'll be as quiet as a mouse.
b. You can hide quiet as a mouse.

## -The end-


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